

AGED CARE

NURSE PRACTITIONERS

Advanced clinical knowledge
for a greater level of care

UNITING
SA *Together we can*

UnitingSA is a not-for-profit organisation all about personalised aged care experiences. We work collaboratively to create flexible care and accommodation choices, with a long and proud history of working with the community.

We give you a choice of residential aged care, independent living, home care and respite so you continue to choose the way you live.



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UnitingSA acknowledges the traditional owners of country throughout South Australia, their spiritual heritage, living culture and our walk together towards reconciliation.

Our Nurse Practitioners have the specialist skills, advanced knowledge and education to provide you with a higher level of healthcare.

They can help manage:

- Chronic conditions or minor trauma
- Memory loss, confusion or inability to problem-solve
- Continence care
- Palliative care
- General health and wellbeing

The Nurse Practitioner is a very resourceful member of your healthcare team, alongside your GP, physiotherapist, dietitian, occupational therapist, and others.

How does it work?

Your Nurse Practitioner works with you and your healthcare team to create a personalised clinical management plan.

This could cover:

- Diagnosis and management with or without medication
- Advice for healthy ageing
- Advanced care planning
- Social and environmental recommendations
- Referral to other health professionals



How are they different?

Nurse Practitioners are qualified to:

- Perform advanced physical assessment
- Order diagnostic tests and interpret the results
- Determine the best form of treatment
- Prescribe medications and other therapies

Your Nurse Practitioner must:

- Be a Registered Nurse (RN)
- Have completed university studies at a masters level
- Have completed extensive clinical training that expands upon the usual role of a RN
- Be endorsed by the Australian Health Practitioner Regulation Agency (AHPRA)

How can you access a Nurse Practitioner?

You can be referred by your GP or other healthcare professional. You can also be referred or self-refer through staff at any of our aged care homes or community services.